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| **What do I want/need to learn?** | **What do I have to do to achieve this?** | **What resources or support will I need?** | **How will I measure success?** | **Target dates for review and completion** |
| Become comfortable with SPSS in terms of data analysis, t-tests, regression, chi-square tests. | All online SPSS tutorials and working with course data. | Teaching staff guidance  Access to SPSS software  Training sites (LinkedIn Learning) On-line. | Better performance in coursework.  Good tutor response regarding SPSS exercises. | By 1st Month |
| Learn the fundamentals of R programming in preparation of the future statistical analysis | Sign up to some online resource about R at the beginning level (e.g. Coursera or Data Camp) and do some exercises. | Access to RStudio  Online course materials  Peer support or student mentor is there | Completion of the course  Skill to execute simple scripts and or basic commands. | By 2nd Month |
| Improve writing in academics, especially in research. | Put money into academic writing seminars and edit papers through tutor feedback | Library writing support  Advice services of tutors or writing tutors. | . More understandable, logical research reports.  Better performance in homework. | By 3rd Month |
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| Gain a clearer insight into the ethical research practices. | Examine real world case studies and read what Dawson has to say about ethics. | Lecturer guidance  Availability of academic journals and case study through the library. | Perception of a mock ethics form.  Evidence of learned knowledge in the classroom | By 4th Month |
| Gain reflective capabilities based on the models of Rolfe and Gibbs | Keep a journal where one employs reflective models of learning experiences | Peer discussions  Moodle templates or instructions by tutors. | Just registering my thoughts in reflection journal entries regularly.  Growth in self-awareness that was observed in the final portfolio | By 5th Month |
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| Improve presentation and communicational skills. | Give mini-presentations in seminars and become one of a student speaking group. | Presentation skills seminars.  Peer and tutor feedback | More accurate oral presentation effectiveness.  Staff-patient/ peer/tutor support. | By 6th Month |
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